

## Community Outreach Volunteers



### Highlights

- Getting off the tourist trail and meeting local people in the 'real' Peru.
- Working alongside project staff to make a real difference to the lives of disadvantaged families in and around Cusco.
- Exploring the surrounding area during your free time – Machu Picchu is a must see!

### About The Project

We are working with a number of projects that are dedicated to providing support to disadvantaged communities. One of the massive challenges the projects are trying to overcome is breaking the intergenerational transference of poverty. The initiatives aim to promote and provide access to services of quality education, health, nutrition and identity.

One of the projects with which we work provides a small monetary contribution through sponsorship to homes with pregnant mothers, widowed fathers, elderly people and foster parents who have children below the age of 14 under their care. The project works hard to help educate parents, for example ensuring their children attend school, ensuring they attend medical clinics once a month with children under the age of 3 years, teaching them how to provide a decent standards of living, and showing them how to register their children so they are recognized as Peruvian citizens.

One of the other projects is heavily focused on a reading initiative and has street libraries that provide teaching and knowledge to some of the poorest children in the area.

Our third project reaches out to children and teenagers and provides a safe place for them to go during the day, as well as snacks, psychological support for children (and parents), and technical training for young high school graduates.



### Volunteer Role

The first Monday at the Academia is an orientation day. All new students and volunteers go on a city tour of Cusco to get to know the city and learn how to get around and use the public transport system. In the afternoon there's an information session in which you will learn about the Academia, as well as about important issues such as security, do's and don'ts in Cusco, accommodation, volunteer work etc. Your volunteer placement commences on Tuesday of the first week.



Your role as a volunteer will include some or all of the following:

- Accompanying volunteer coordinators to assess whether parents are taking their children to school, getting them registered as citizens, attending health clinics and providing a safe and hygienic standard of living.
- Playing with children
- Checking homework
- Reading with children
- Organizing creative activities

### **Location**

The city of Cusco sits perched amidst the clouds and the lush Andean greenery at 3300 meters above sea level. Due to the high elevation, it is cool at night, and sunny but cool during the day all year-round - this can be a great excuse to seek out the many markets selling the beautiful wool sweaters and textiles for which the country is renowned!

It's undoubtedly the archaeological capital of the Americas, as the gateway to Machu Picchu, and as such, is an exciting place to spend an extended period of time. Not only is it surrounded by beautiful Incan ruins, but you will be living in the hustle and bustle of a tourist city that still manages to retain many of its traditional ways of life. The narrow cobblestoned streets are lined with imposing Inca-built walls, and the plazas are thronged with Quechua-speaking descendants of the Incas.

Since Cusco is such an important tourist destination, it's no surprise to hear that there is a huge wealth of cafes, restaurants, bars and nightclubs to keep you entertained - a fun and varied social life is guaranteed in Cusco! Shopping is also another favorite past time amongst volunteers and students in Cusco, with some of the best places to pick up jewellery, leather crafts, textiles, woollen sweaters, musical instruments and other artisan products.

### **Accommodation**

You will stay either at the student residence or with a host family. Host family accommodation includes a private room, breakfast, dinner and laundry service. Singles, married couples and parents with children can all be accommodated. It is also possible to stay in a student residence – one is located within the school grounds, and there are two very nearby. Here you will self cater - there are shops and markets very nearby and a fully equipped kitchen.

### **Requirements**

Volunteers must be able to commit to at least 4 weeks at the project in order to build up a trusting relationship with the children and staff.

All volunteers must hold a high intermediate level of spoken Spanish. If your Spanish is at a lower level, you must join our Spanish language school prior to commencing your volunteer work.

When choosing to volunteer in a developing country such as Peru, it is important to remain flexible as the needs of the project are constantly evolving. This is what makes

volunteering so rewarding – the fact that you are on hand to lend your support when and where it is needed. By choosing Academia Latinoamericana de Español you will have a comprehensive safety network behind you as we are here to help throughout the duration of your entire stay!

### **Feedback**

*“I loved my time on this project. I made sure I organized activities that the children would find fun, such as Mexican ballet and painting huge murals on walls. My experience was unforgettable and I hope to return next year with some friends from home.”*

Olivia Menchacha, Switzerland

*“I realized that volunteers are not able to change everything in matter of weeks, but that taking small steps makes a real difference and I know my efforts did help the project to move forward.”*

Katrin Barho, Germany

### **Programme Fee Includes**

- Accommodation
- 2 meals per day if staying with a host family
- Project Support
- A donation that goes directly to your project
- Orientation and city tour
- Pre-departure information
- Laundry service if staying with a host family
- 24 hour emergency support

### **Programme Fee Does Not Include**

- International flights
- Meals if staying at the student residence
- Laundry service if staying at the student residence
- Visas
- Travel Insurance
- Inoculations
- Excursions over and above the itinerary

### **Travel Ideas**

At our office we are fully equipped to help you with making weekend travel arrangements, and onwards travel arrangements following your time in Cusco. We work with the best tour companies to offer safe, reliable and competitively priced trips. Some of the most popular excursions include:

- In and Around Cusco – at the weekends there are plenty of sights for you to explore in and around Cusco. There's the beautiful Chinchero Plaza, possibly the original Incan marketplace. Ollantaytambo fortress, where the Inca fought their last battle with the Spanish invaders. Pisac Indian market – one of the most well-known markets in the country, selling everything from textiles and paintings to vegetables and animals!
- Machu Picchu – No visit to Cusco is complete without seeing the enchanting and dramatic Incan citadel of Machu Picchu. The most famous route is via the multi-day Inca Trail route, however, there are plenty of alternative routes that also culminate in Machu Picchu, including a scenic train journey!
- Nazca Lines – A great mystery of South America. Take a flight across the stony plains of Pampa de San Jose and see for yourself the incredible animal-shaped and geometric etchings.

- The Amazon – Swing in hammocks, swim with pink river dolphins, spot exotic wildlife and pretend to be Tarzan! The ultimate Peruvian adventure!
- Lake Titicaca – South America's largest Lake which borders Peru and Bolivia. Stay on one of the floating islands for a true insight into the lifestyle and culture of the local communities.

**Apply Now**

If you have some further questions about this project, please feel free to contact us at [sandra@latinoschools.ec](mailto:sandra@latinoschools.ec)

If you would like to book this programme, please [click here](#) to complete the booking form. We will be in touch within one week of application to confirm your booking!